## **MANDT** for Parents

Presented by: LCPS Autism Consulting Teachers

> Saturday, March 21 8:30 am to 3:00

LCPS Administrative Building 21000 Education Court, Ashburn, 20148 Bring a bag lunch - a 30 minute break will be given at noon

The MANDT Program was developed in 1975 and has been a teaching tool in many settings and professional fields world wide. The focus is on treating people with dignity and respect, building healthy relationships and implementing proactive interactions. De-escalating strategies and how to manage crisis situations are also an important component. Families will also walk away with a stronger understanding of how to manage a potential dangerous situation by using a variety of non verbal and verbal strategies. Families may benefit by using the same techniques and language that teachers use.

This presentation is not just intended for families of children with Autism or special needs. Presenters will share stories about supporting both special needs and typical children. Parents of teens may find it especially beneficial because it applies to all family relationships not just parent and child.

Part 1: Building Healthy Relationships

Part 2: Building Healthy Communication

Part 3: Building Healthy Conflict Resolution

Register by the calling 571-252-2185 or **CLICK HERE** to register on line. \* Registration is required.

Visit the Parent Resource Center at www.lcps.org/prc.

If, due to a disability, you need assistance to enable you to participate meaningfully in a workshop or need an interpreter, please contact Pam Spiering or Allyson Pate at the Parent Resource Center at 571-252-2185 at least TEN working days prior to the